



February 4, 2009

*Celebrating more than a century of Montessori education*

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### **Valentine's Celebrations**

All of the children are excited for Valentine's Day. We are looking forward to seeing all of the creativity. We hope you enjoyed making a Valentine for your child. Please bring it in Monday, Feb. 9. Next week take some time to look at all of the valentines hanging up around the school.

### **Little Flowers Montessori goes Green: Lunch Ideas**

Thank you to those who purchased reusable bags for wet/soiled clothing.

If you have not purchased any reusable bags yet and would like the resource list again, please let your teacher know and she can get it for you.

When you pack your child's lunch, please be aware of how much your child eats every day. If a lot is coming home, pack less the next day. Most children eat three to four items each day in their lunch.

Another idea to cut down on the amount of waste we generate is to buy in bulk. For example, instead of buying individual containers (yogurt, fruit, dip, etc...), buy a large one and divide it up among small reusable containers for the week.

If your child likes *lunchables*, make your own. It is more nutritious and less wasteful.

Purchase cloth napkins to send in your child's lunch box daily.

### **Parent Potluck**

Next Tuesday at 6:00pm is the Parent Potluck. Please sign up to bring in something to share. We are looking forward to it.

### **Indoor Activities**

This past month has been so cold. There has not been much of an opportunity to go outside at all. A few parents have asked if we can gather a list together of indoor activities that the children can enjoy. If you have some favorite places or ideas, please write them down and give them to your child's teacher. We will gather them together in a list and hand them out in the next newsletter.

### **Student Interns**

Starting March 2, there may be student interns spending three weeks at Little Flowers. The intern will be given the opportunity to further observe, offer new presentations to the children, conduct gatherings, learn how to manage a

Montessori environment and assist in the maintenance and upkeep of the Casa and material making.

### **Coffee with Preethy**

If you have not yet attended a coffee, you are missing out on a lot of laughter. Parents have commented on how good it feels to know that they are not alone in their successes and their struggles as parents. Sign up for the next coffee and be prepared to have a good time. The next one scheduled is February 26.

### **Calendar Notes**

Mon., Feb. 9 – Bring in the Valentine you made for your child

Fri., Feb. 13 – Valentine’s Day party

Mon., Feb. 16 – President’s Day; no school

Tues., Feb. 24 – Parent Potluck and Discussion, 6:00pm – 7:30pm

Thurs., Feb. 26 – *Coffee with Preethy*

Fri., Mar. 6 – Conferences; no school for children