



September 9, 2009

Celebrating more than a century of Montessori education

Wednesday Folders

Every other Wednesday, your child (one folder per family), will be bringing home a folder. In this folder there will be important information such as newsletters, tuition receipts, permission slips, etc. Please read the information carefully and return the folder the next day. This folder may also be used for you to return important information back to school.

Emergency Numbers

When filling out the new emergency card, all phone numbers *must be local*, this includes all emergency contacts. If there is an emergency, the emergency contact that lives far away cannot help. Please notify all of your contacts that you are putting their number down.

On September 14, all emergency contact numbers will be tested. Please prepare your emergency contacts that we will be testing the numbers. We will be calling only local numbers. The teachers will be notifying parents if any of the numbers they put down are long distance and need to change.

Required Forms

Little Flowers Montessori School is required by Department of Human Services, Rule 3, to have all forms filled out completely upon admission into our program. If any information is missing, the school can get cited and fined.

All children ages 3 years old and older are required to have a dentist listed on the emergency card. Your child's teacher will be notifying you if one is needed.

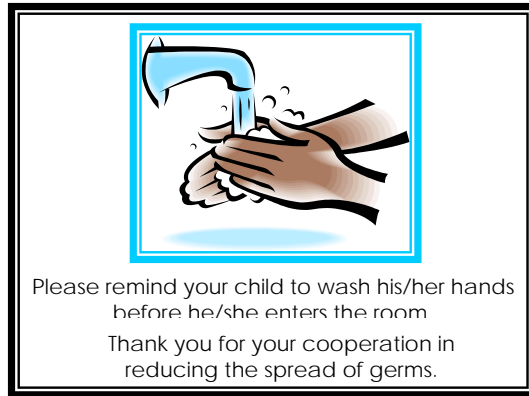
Arrival

Children may enter their room between 8:20am – 8:30am (this does not include children who are in the extended day program). Please help your child change into his/her slippers and then say good bye at the door.

In the Children's Houses, when parents enter the rooms, the children are very distracted and then have a hard time settling back into their work. If you have any further questions, please ask your child's teacher.

The slipper cubbies are to be used for slippers only. Shoes are often too big to fit in the small cubbies and we also would like to keep our environment clean.

All children must wash their hands before they first enter the room.



When your child arrives home, have them wash their hands as soon as possible.

Lunch

The lunches you pack for your child every day are a connection to you and to home. The children look forward to their lunches. They like to see what you so lovingly packed for them. Their faces light up when they are surprised to find a special note in their lunch.

Please be extra careful about what you pack in your child's lunch. Good nutritional habits begin at home. Every day there is more information about not eating trans fats, not eating high fructose corn syrup, eating less prepackaged food (ie *Lunchables*, *Smuckers* sandwiches), and eating whole foods. Good nutrition at lunch often times means a good afternoon for your child.

Your child's nutrition is important to his/her overall health. Proper nutrition can also prevent many medical problems, including becoming overweight, developing weak bones, and developing diabetes. Good nutrition can provide for good sleeping habits, good concentration, and having enough energy for the day. It will also ensure that your child physically grows to his/her full potential.

Cut up all easily chokable food such as grapes (cut in half lengthwise), baby carrots (cut in half lengthwise), hotdogs (cut lengthwise). Avoid peanuts, popcorn and tough meats. All of these can contribute to choking on food; even more so in an environment of many children all eating at the same time.

Parent Gathering

The Fall Parent Gathering is Friday, September 25 from 6:30pm – 8:00pm. Appetizers will be provided. This event will be held outdoors in the back yard, please dress appropriately. This is a great opportunity to build community and get to know other families at Little Flowers Montessori. We are looking forward to it. A sign up will be posted so we can plan accordingly.

Apple Jack Orchard

On Wednesday, September 30, there will be a field trip for children who are 4 years old and older. They will be going to Apple Jack's Apple Orchard in Delano. If your child is 4 years old or older (as of September 30), look for the field trip permission slip and return it along with the fee as soon as possible. We can have one parent volunteer per casa to go on the field trip with us. Each parent will have to pay his/her own way. The first parents, who volunteer, will be able to go.

Calendar Notes

September 25 – Parent Gathering with appetizers 6:30pm – 8:00pm

September 30 – Apple Jack's Orchard field trip (for children 4+ years old)

October 7 – Coffee with Preethy, 8:00am -9:00am

October 15 & 16 – No school; teacher workshops

October 20 – The Different Areas of the Montessori Environment;
6:30pm – 7:30pm (for parents only)

October 21 – Lifetouch school pictures

October 30 – Halloween party (please do not bring candy to share, more information to follow)

November 6 – Parent/teacher conferences